

Skin Typing Form



Name: _____

Date: _____

Scoring	0	1	2	3	4
Eye Color	Light blue/Gray/Green	Blue/Gray/Green	Blue/Hazel	Brown/Dark brown	Brown/Black
Natural Hair Color	Sandy red	Blonde	Chestnut, Dark blonde	Dark brown	Black
Skin Color (Non-Exposed)	Reddish	Very pale	Pale w/beige tint	Light brown	Dark brown
Freckles in unexposed areas	Many	Several	Few	Incidental	None
Skin reaction if in the sun	Painful blistering, redness, peeling	Burn then peel	Burn, sometimes peel	Rarely burn	Never burn
To what degree do you turn brown	Never	Light color	Reasonable tan	Tans easily	Turns dark brown
Do you turn brown within several hours of sun exposure	Hardly	Seldom	Sometimes	Often	Always
How does your face react to the sun	Very sensitive	Sensitive	Normal	Resistant	Never a problem
When were you last exposed to a sun tanning bed	>3 months	2-3 months	1-2 months	<1 month	<1 week ago
How often is area to be treated exposed to sun	Never	Hardly	Sometimes	Often	Always

0-7 I
 8-16 II
 17-25 III
 25-30 IV
 Over 30 V-VI

Total sum of all questions _____ Skin Type _____

Signature _____ Date _____